

# Sandhurst Joggers – 30<sup>th</sup> Annual General Meeting

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**Held Thursday, 15<sup>th</sup> March 2018 at 8.00pm**  
**Sandhurst Town Council Offices – Community Hall**

## **Agenda**

1. Welcome by Chairman
2. Approval of the 2017 Minutes and Matters Arising
3. Apologies for Absence:
4. Reports From Committee:
  1. Events: Winter/Cross Country
  2. Events: Summer/Relays
  3. Membership
  4. Social
  5. Secretary
  6. Publicity
  7. Treasurer - Annual Statement of Accounts
  8. General Members
  9. Vice Chairman
  10. Chairman
5. Yateley Road Races Report and Accounts
6. Club Subscription
7. Election of Committee for 2018/19
  1. Chairman
  2. Vice-Chairman
  3. Treasurer
  4. Secretary
  5. Membership Secretary
  6. Social Secretary
  7. Events Secretary-Winter/XC
  8. Events Secretary-Summer/Relays
  9. Publicity Secretary
  10. General Members
8. Non-elected posts for 2018/19
  1. Yateley Road Race Director
  2. Handicap Run Organiser
  3. Webmaster
  4. Track Coach(s)
  5. Kit Director
9. Any Other Business
10. Closing remarks by Chairman

## Proceedings

The meeting started at 8.00pm. The following were present (39 members):

Committee: Richard Boese, Craig Bowles, Janice Alves de Sousa, Graham Robinson, Lisa Harrold, Patrick Wadsworth, Mike Gascoigne, Monica Burbidge, Jim Casey, Wayne Boardman, Dave Breslin, Claire Hobson, Andrea Vincent,

Other post holders: Simon Whillis (Handicap), Jenny Robinson (Yateley RR)

### Other Members:

List of attendees: Fiona Gascoigne, Kate Parker, Dave Bartlett, Janet Venables, Royston Crandley, Alison Jones, Leon Hicks, Sacha Kendall-Woods, Lance King, Phil Turner, Gerry Mephram, Paul Biggs, David O'Toole, Alistair Ingall-Tombs, Jackie Kent, Martin Steadman, Colin Carpenter, Blanche Barnes, Ian Watson, Rob Hewison, Alurie Dutton, Erol Ali, Carl Bradshaw, Helen Antram

### 1. **Welcome By Chairman**

Richard brought the meeting to order and requested that everyone ensure they had put their name on the register of attendees. Richard proposed that existing members serve until the end of the meeting, seconded by Dave Breslin and approved by all.

### 2. **Apologies for Absence**

Received from: Dick Newman, Nikki Stanley, Mark Fallowfield-Smith, Chris Brooks, Roger Halliwell, Dave Ricards, Fiona Slevin-Brown, Emy Circuit, Jane Bannister, Stephen Casey, Kerstin Johnson, Matt Johnson, Charles St. Aubyn, Yvette Glacken, Debra Harris, Sharon Burfield, Caroline Cutcliffe, Karen Gill

### 3. **Approval of the 2017 AGM Minutes and Matters Arising**

There were no comments on the minutes of the 2017 AGM. Richard raised a motion to accept the minutes, Lisa Harrold proposed, Leon Hicks seconded, and the motion was approved overwhelmingly.

### 4. **Receipt of Committee Members' Reports**

Slides from those reporting were shown and are attached as an Appendix. In some cases the reports were simply to present these slides. Please read the slides in conjunction with any additional notes below.

#### 1. **Events: Winter/Cross Country (report by Claire Hobson)**

Claire read through her slides and thanked all who provided help and assisted in the running of the home XC. No questions raised.

#### 2. **Events: Summer/Relays (report by Graham Robinson)**

Graham ran through his slides and detailed how the membership had performed at the various events throughout the year. Kate Parker asked if the Round Bracknell Relay would be offered again, as it was an event enjoyed by all those who ran it, Graham confirmed that the event will feature again this year. This prompted some positive feedback on the 30<sup>th</sup> Anniversary Pub Run. Graham finished by highlighting his events are either free or subsidised, and encouraged all members to participate if they don't already do so. Graham also asked members to suggest any other events we should consider attending.

**3. Membership (report by Janice Alves de Sousa)**

Janice talked through her slides and presented a breakdown of the membership profile. Janice reminded all members to inform her of any changes to personal data so that she can maintain up-to-date records. Ian Watson stated it was good to see growth in the Under 30 and 30+ age ranges. Richard and Lisa stated the Pure Beginners are helping numbers increase in the area, as the age range for this group is from 20 upwards. Janice confirmed the number of members with individual England Athletics membership stands at 239 members, this figure provides 2 guaranteed places for London Marathon, and we need 251 to obtain a 3<sup>rd</sup> guaranteed place. Kate Parker questioned the rising fee for EA affiliation, Wayne confirmed the £1 annual increase would continue until 2021.

**4. Social (report by Lisa Harrold)**

Lisa went through her presentation slides and said how pleased she was that a total of 90 members attended last year's Anniversary Ball. Lisa stated she hope the new committee will continue to offer and promote the pubs runs, which are always popular and well attended. Lisa confirmed the Wednesday pub run was cancelled due to low numbers. Lisa stated the Family Fitness Funday was a success, with lots of families getting involved. Lisa confirmed this was a result of lots of campaigning ahead of the event. Richard asked if the event would be running again this year and stated a possible alternative could be the Sandhurst Freedom March that takes place in June. Lisa commented on the Bake Off, stating that despite those who attended had lots of fun and enjoyed some delicious cakes, not many people who had entered the marathon draws were in attendance on the night. Lisa reminded members that SJ Ball takes place on Friday 13th April at Easthampstead Conference Centre. Lisa finished by asking members to contact her with suggestions for other social events.

**5. Secretary – (report by Wayne Boardman)**

Wayne went through the slides for the Secretary's report and reported there was a total of 9 committee meetings during 2017, which resulted in 91 new action points being created. Wayne reiterated what Janice mentioned previously in the evening, that we require 18 additional members to affiliate with EA to secure a 3<sup>rd</sup> London marathon place. Wayne highlighted that Brighton and Bournemouth race organisers were approached for places, and despite no positive response this year, Wayne encourages the new Secretary to attempt again this year. No questions raised after going through slides.

**6. Publicity (report by Craig Bowles)**

Craig introduced himself and read through his slides, highlighting a key area of his role was to increase the profile of club both internally and externally, ensuring our audience recognises the wide range of events we cover, and the breadth of abilities of members who take part. Craig stated the club now has an external Facebook page that links to website, and our social media presence continues to grow on Instagram where we now have 135 followers with a decent level of interactions. Dave Bartlett asked can people viewing the website view the joggers journal, and should the website be less stagnant than it currently is. Craig confirmed there had been a recent website review and it was agreed the content was sufficient for any non-member to get the core information they needed. Craig confirmed the joggers journal can be accessed from the website. Royston questioned how many hits the website gets compared to our social media pages, and do we find most people look at Facebook first when searching for club information. Ian Watson suggested googling Sandhurst Joggers to see what results are delivered. Patrick Wadsworth raised a point about google searches leading to out of date pages and highlighted a problem that Finch Coasters had. Dave Bartlett raised a question about whether the website stated the first Tuesday run of the month was held at Morgan Rec and not from Sandhurst, Lisa confirmed the website does state this.

**7. Treasurer - Annual Statement of Accounts (report by Mark Fallowfield-Smith, presented by Graham Robinson)**

Graham went through the club accounts as provided by Mark and made additional points as follows:

- The club has free cash of a little over £10k, potentially this is too high for a not-for-profit organisation
- Approximately 5000 laps of the track have been paid for by the club
- A total of 2150 miles have been ran by members at events the club has subsidised
- 120 batons changes have taken place at relay events paid for by the club
- The overriding message from the Treasurer is that we need members to run more!
- Membership numbers over the years have grown from around 300 up to 450, yet the club still spends roughly the same amount on race events. Richard stated we continue to advertise beginner friendly runs, particularly XC events, and we need to encourage more people to come to track. Leon Hicks suggested a beginner friendly track night. Lisa stated she has promoted track to the new PBs and they plan to complete their homework trackside to allow newer runners to see what happens on track night. Ian Watson stated he felt the new 5k to 10k PB group will help newer runners grow in confidence and this might result in increased numbers at track and other events.

**8. General Members**

Patrick Wadsworth and Mike Gascoigne presented for the General Members and stated the following: Monday – participation figures are averaging about 20 people, with a good mix of paces.

Tuesday – continues to be well attended with between 30-50 runners. Mike stated the busiest night was when 60 runners turned up in September, the quietest was on Boxing Day when 5 runners turned up. Mike stated the various reasons that effect turnout include public holidays and school holidays, yet poor weather has no impact. Mike detailed the 5 groups that operate; the fast group doing 9mpm, the medium group 10mpm, two slow groups at 12mpm and 13mpm, plus a run walk group doing 15mpm (Minutes Per Mile). Mike was joined by Monica and they both emphasised the organisation behind operating these 5 groups, mentioning the email distribution list they use to call for run leaders. Monica called for help with leading runs and suggested a rota so that more members could get involved without the task being too onerous.

Jenny spoke briefly about her Tuesday run, stating a turnout of between 2-15 regular runners.

Wednesday – Andrea stated how she and Sharon continue to enjoy leading the Wednesday run.

Thursday – Patrick highlighted the tempo run covers a wide range of abilities

Friday – Jim presented and reminded members that track is free.

Sunday – Patrick confirmed the numbers attending Sunday runs is difficult to predict as this club run competes with other running events.

**9. Vice Chairman (report by Fiona, presented by Richard Boese)**

Richard read through Fiona's presentation slide that highlighted her activities over the year. No questions were raised.

**10. Chairman**

Richard highlighted how rewarding he's found his new role, stating he's enjoyed attending all club runs during the year and meeting members. Richard stated the saddest part of the year was announcing Ron Hewlett's death, but this led to having the honour and privilege to represent the

club at a Ron Hewlett's memorial run, an event that had a huge and positive impact on Ron's family. Richard read through his slides making additional comments as follows:

- Reviewed responses from previous questionnaire (see slides), highlighting how the club responds positively to suggestions from members
- Highlighted Craig's success at delivering the joggers journal
- Only received a few emails from members during the year about things that are on their mind, this is low considering the size of the club, which suggests the club is being well run and led
- Richard urged members to share ideas for races/events with their GM to so that members of all abilities are continually encouraged to participate
- Mentioning Alurie's race reports and how these inspires others to take part

## 5. Yateley Road Races Report and Accounts

Jenny Robinson presented the information detailed within the attached slides. Entry limit is being raised to 1050 this year to balance the impact on no-shows, as last year approx. 800 out of 1000 registered runners ran. Jenny shared lots of positive feedback and comments, and stated a total of £12,500 was donated to local charities. Jenny stated how proud she is to be part of an event that donates such large amounts to good causes. Jenny highlighted the YRR is a committee of 12, and she is always amazed at what they achieve. Jenny made a huge thanks to them all, plus the 70 SJ members who helped, in addition to the Yateley Lions, Red Cross, and Scout groups. The children's Fun Run now accepts online entries, and this is the preferred method of registration hence the price difference. Jane Bannister is looking to promote the Fun Run to local schools.

Jenny highlighted the need to recruit a Traffic Co-Ordinator, which is a large yet manageable role. Current Traffic Co-Ordinator is offering a shadowing experience during this year's series, to anyone who is interesting in taking on the role should contact Jenny, Graham Robinson, or Dave Breslin.

## 6. Club Subscriptions

The Club's finances are sufficiently healthy that it was proposed that the annual subscription for 2018/19 be held at £15 (agreed by all). The proposal to keep the subscription at £15 was overwhelmingly carried.

## 7. Election of Committee for 2018/19

- The election took place with the results shown in the table below.

	<i>Position</i>	<i>Candidate</i>	<i>Proposed by:</i>	<i>Seconded by:</i>	<i>Result</i>
<b>7.1</b>	Chairman	Richard Boese	Jim Casey	Leon Hicks	Elected unopposed
<b>7.2</b>	Vice-Chairman	Wayne Boardman	Royston Crandley	Richard Boese	Elected unopposed
<b>7.3</b>	Treasurer	Mark Fallowfield-Smith	Dave Breslin	Andrea Vincent	Elected unopposed
<b>7.4</b>	Secretary	Kate Parker	Leon Hicks	Jackie Kent	Elected unopposed
<b>7.5</b>	Membership	Janice Alves de Sousa	Carl Bradshaw	Ian Watson	Elected unopposed
<b>7.6</b>	Social	Lisa Harrold	Richard Boese	Jim Casey	Elected unopposed
<b>7.7</b>	Events-Winter/XC	Claire Hobson	Sacha Kendall-Woods	Jackie Kent	Elected unopposed
<b>7.8</b>	Events-Summer/Relays	Graham Robinson/David Breslin	Janice Alves de Sousa	Wayne Boardman	Elected unopposed
<b>7.9</b>	Publicity	Craig Bowles	Claire Hobson	Lisa Harrold	Elected unopposed
<b>7.10</b>	General Members:				
	- Monday	Patrick Wadsworth	Dave Breslin	Craig Bowles	Elected unopposed
	- Tuesday	Dave Bartlett	Andrea Vincent	Leon Hicks	Elected unopposed
	“	Royston Crandley	Andrea Vincent	Leon Hicks	Elected unopposed
	- Wednesday	Andrea Vincent/Sharon Burfield	Richard Boese	Dave Breslin	Elected unopposed
	- Thursday	Nikki Stanley	Lisa Harrold	Wayne Boardman	Elected unopposed

Position	Candidate	Proposed by:	Seconded by:	Result
- Sunday	Dick Newman/Emy Circuit	Claire Hobson	Ian Watson	Elected unopposed

## 7. Non-elected Posts for 2018/19

1. Yateley Road Race Director  
Jenny Robinson to continue.
2. Handicap Run Organiser  
Simon Whillis to continue.
3. Webmaster  
Ant Harrold to continue.
4. Track Coaches  
James Casey, Carl Bradshaw and Newton Johnstone to continue.
5. Kit Director  
Richard to continue.

## 8. Any Other Business

1. Slower/Shorter Threshold Run. Kate Parker stated she raised the point as she is uncomfortable running alone or with one other runner along unfamiliar routes. Richard explained the shorter run already exists and that once a month there were paced runs on a Thursday. Dave Bartlett felt Thursday's run can be intimidating for newer runners. Richard reiterated the club offers a wide range of runs to suit all abilities, but unable to provide a run that suits all abilities at every run of the week. The balance of runs exist and Thursday is a run where it is for people to run at their own pace and people can learn routes at paced runs and join up with friends vis facebook if they want to. Patrick also noted that Monday, Tuesday medium and Wednesday provide threshold runs for slower runners but in a group setting.
2. Run Leader Recruitment. Dave Ricards asked whether having access to an online resource of routes would encourage more run leaders to volunteer. Richard suggested that if people run with a particular group regularly enough, you should be able to learn some routes and had done this joining the Tuesday medium group with Mike before leading runs himself. Richard asked the floor what they thought. Leon Hicks and Andrea Vincent suggested potential new run leaders could shadow and be mentored by existing run leaders until they felt comfortable to take over and lead. Jackie Kent thought an online resource of routes was a good idea, not just for run leading, but also to discover new routes for personal use. Dave Bartlett referred to an online mapping resource that is user friendly (example <https://onthegomap.com/#/create>). Mike Gascoigne felt a database was a good idea, but more is needed when considering leading a run, such as running the route alone to think of risk assessing it. Monica offered to guide and support any potential new run leaders in selecting routes etc. It was agreed that 'on the job training' was a good idea. Craig highlighted the need to be confident when leading, and having access to online resources might be helpful. Lisa suggested a weekend run leader course that enables new leaders to practise in a safe environment.
3. Clubhouse. Richard discussed Mike Guess's point about how for many years we used Frogmore Leisure Centre as our 'base', yet now we don't have one. Richard stated it hadn't been a problem not having a clubhouse apart from a few members who would like to shower and have a drink after a run and asked the floor if there is a need. Richard detailed the changes and complexities of using the Sports bar, i.e. the changing rooms are leased by

the football club, yet key holder is sports bar personnel. Richard has spoken with the town council and the football club to see if we can gain independent access, but it's currently not a viable option. Richard asked for members to contact him if they had a suggestion for a Sandhurst based clubhouse. Richard highlighted the importance that it must be Sandhurst based, Jenny stated the importance that we stay in Sandhurst based as everyone knows the routes and it ensures we stay safe. Ian Watson asked why a clubhouse needed, was it just for access to showers? Jen stated a large group of members would socialise at Frogmore LC after clubs runs, and the venue was used for meeting indoors when it was raining. A clubhouse could also be used for committee meetings, and for members to shower and socialise after runs. Mike and Monica commented a small number of Tuesday night runners use the bar and have individual membership. Carl Bradshaw stated how nice it was to share a drink with fellow runners after a club run, many used it as it was there and easily accessible. Jenny suggested we canvass the membership to check demand for a clubhouse.

4. Club Championship. It was agreed the current format works and shall remain. Graham stated there's still time to get your information to him.

#### **9. Closing Remarks by Chairman**

Richard thanked Mike and Fiona for their hard work and commitment whilst they have been on the committee, and he presented Mike with his gift. Richard to see that Fiona gets her gift.

The meeting was adjourned **at 10:10pm**

**Appendix 1** : Slides used at meeting.

# **WELCOME TO SANDHURST JOGGERS AGM 2018**

## **Agenda**

1. Welcome by Chairman
2. Approval of the 2017 Minutes and Matters Arising
3. Apologies for Absence
4. Reports From Committee
5. Yateley Road Races Report and Accounts
6. Club Subscription
7. Election of Committee for 2018/19
8. Non-elected posts for 2018/19
9. Any Other Business
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## Cross Country Report

- TVXC = 16 teams competing in 7 cross country races November – February
- TVT had to cancel their race sadly, but will be back next year
- Our event was held at a brand new course, which was well received and saw a great turnout from all clubs. Lots of positive feedback!
- The season was started slightly earlier, meaning less consecutive weekends of cross country
- Sandhurst Joggers finished **THIRD** overall – huge well done! Proud of you all!
  - 9 points behind winners Windle Valley
  - 4 points behind Datchet Dashers and 6 points clear of Reading
  - Strong competition again from Datchet Dashers and Windle Valley
- **76** SJ's in total took part – slightly less than last season
  - **8** members completed all 7 races – well done! – 1 less than last season
  - **6** new runners tried their first Cross Country this season!
- **Next Season:**
  - Reps already discussing dates for the new season. At the moment, we will continue with the earlier start of the season – subject to venues being confirmed
  - Most importantly – we need **YOU** – all runners of all abilities – **EVERYONE** makes a difference to the scores, this was proven this season!

## Events: Summer Relays

### Green Belt Relay – May 2017

2 x 11 member teams, 220 miles, 22 legs.....

Teams finished:

- 14th and 25th (of 45 teams)



### London 10k – May 2017

2 teams (men/women) of 6, earned by racing in the SEAA road relays

### Intraclub Pairs Relay - May 2017

31 teams, 10 x 1k laps (alternating)



## Events: Summer Relays

### Endure 24 – June 2017

4 x 8 mixed teams, 5 mile laps over 24 hours

Teams finished

- 1st Womens(!!!), 2nd Mens
- 54th, 69th (of 202 teams) in the mixed



### Runnymede Relay – July 2017

6 teams of 6 runners (3 x 5.25 miles, 3 x 2.75 miles legs)

Finished 5th, 15th, 28th, 45th, 47th, 48th (of 54 teams)

### Dinton Pastures – July 2017

A 3 person, "guess your time" relay (approx. 2 miles each)

2 Sandhurst teams...it was very wet!!



## Events: Summer Relays

### Hart 4 – August 2017

3 teams of 4 runners (4k laps, 4 hour run)

Finished 3rd and 15th in mixed and 9th in mens



### River Relay – September 2017

3 teams of 5 runners

20th, 48th, 66th (of a record 82 teams!)

### Clarendon Marathon Relay – September 2017

1 mixed team of 4 runners

11th (of 53 teams)



### Milocarians XC at the RMA – October 2017

25 Sandhurst Joggers. A team finished in 3rd

## Events: Other/new events???

South Downs Marathon Relay?

Ridgeway Relay?

Suggestions for others???

### MEMBERSHIP REPORT 2017-18

- Now in its 30<sup>th</sup> year, the Club continues to flourish and attracts a great range of people who either want to race, improve their speeds or just enjoy being part of a very friendly, well organised club.
- The total number of members has risen to **422** – an increase of 18. It appears that the largest growth has been in the Under 30's, male and female, groups. Please see further breakdown below.
- England Athletics are again increasing their individual affiliation fee to £15; small as it may be, it still generates a certain amount of administration and cross-checking. Please therefore be sure to amend any standing orders – it's very time-consuming chasing up members for £1.
- If any of your personal details change, please let me know or alternatively log into your own profile and make the necessary adjustments.

Age Category	Male	Female	Total		
Under 30	13	22	35	Pure Beginners (April & July courses)	34 + 28
30+	35	67	102	EA Members (eligible for 2 London Marathon places)	239
40+	57	99	157	Where SJ is not First Claim Club Member	23
50+	48	36	84	Coaches/Leaders in Running Fitness	8
60+	18	13	31	Committee	15
70+	7	6	13	Life Members	4
<b>Totals</b>	<b>178</b>	<b>243</b>	<b>422</b>		

Membership Breakdown

Other Information

## Social Secretary Report

- Social Events that took place in 2017 :
  - Friday 17<sup>th</sup> March 2017 – Sandhurst Joggers 30<sup>th</sup> Anniversary Ball at Warbrook House, Eversley. great evening with live band and over 90 SJs in attendance
  - Sandhurst Joggers 30<sup>th</sup> Anniversary Pub Run – hosted by Graham Robinson and Co – Saturday 13<sup>th</sup> May 2017
  - Pub Runs – Monday 22<sup>nd</sup> May, Tuesday 20<sup>th</sup> June, and Thursday 24<sup>th</sup> August 2017
  - Sunday 10<sup>th</sup> September – Sandhurst Fitness Fun Day
  - Wednesday 6<sup>th</sup> December – SJ Marathon Draw Bake Off at The Village Inn, Sandhurst – delicious cake testing with Holly Dunn as the winner and marathon draw places for London and Edinburgh
  - Next event – Sandhurst Joggers Ball – Friday 13<sup>th</sup> April 2018!

## Secretary's Report

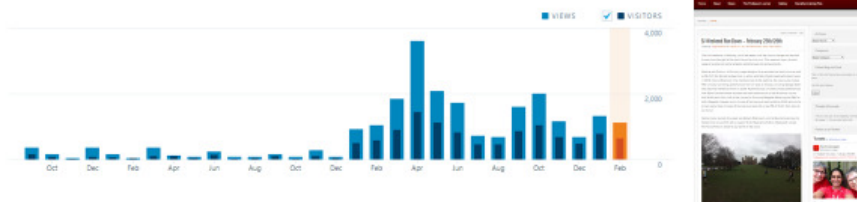
- Club Secretary primary role is to organise committee meetings:
  - Every 6 weeks
  - Collate and publish committee members' reports
  - Minute the meetings
  - Update and publish the Action List
- Handle emails that arrive from race organisers, selecting and sharing any local events and any volunteering opportunities with the membership, plus referring to other committee members i.e. national and regional XC races
- Organise ballots for London and Edinburgh marathon places
- Organise the AGM, plus ensure Member of the Year nominations are done
- Ensure we are affiliated to athletics organising bodies as follows:

Who	What do they do?	Why do we affiliate?	Cost to club
<b>England Athletics (EA)</b>	Organising body in England for all athletics. Part of UK Athletics (UKA)	<ul style="list-style-type: none"> <li>• <b>Individual affiliation (+£15 p.a.)</b></li> <li>• £2 discount on race entry</li> <li>• London Marathon places</li> <li>• Each member can opt in/out</li> </ul>	£100 p.a. for club affiliation  <b>(24p per member)</b>
<b>South England Athletic Association (SEAA)</b>	Organise regional athletics	<ul style="list-style-type: none"> <li>• Club members become eligible to compete in SEAA Road and XC competitions</li> <li>• Only EA registered athletes may compete.</li> </ul>	£20 p.a. <b>(5p per member)</b>
<b>Berkshire County Athletics Association</b>	Organise County athletics events at junior and senior levels	<ul style="list-style-type: none"> <li>• Help them continue to fund their events; we have runners compete</li> </ul>	£75 p.a. <b>(18p per member)</b>
<b>Association of Running Clubs (ARC)</b>	"EA Lite" for clubs only doing Road and XC. Insurance.	<ul style="list-style-type: none"> <li>• Better insurance cover to club for club members</li> <li>• Easier access to race license for our XC event (also YRR)</li> </ul>	£430 p.a <b>(£1.03 per member)</b>

## Publicity Report



- Members: Joggers Journal
  - 205 posts in 2017
  - 99 different member contributors
  - Covering all abilities and wide range of events
  - Regular weekly 'Run Down' with various member activities and achievements
  - Run Down typically receiving over 100 views (highest ever: 164)
  - Most popular report read by 229 individuals
  - 9,201 unique visitors in 2017
  - 17,780 views in 2017
  - Approx. 250 individual members mentioned in the 'Run Down'



## Publicity Report



- Social media – External Facing
  - New Facebook 'Page' which is separate to the members' 'Group' and can be seen by non-members. Content to mirror website.
  - Instagram followers up from 30 to 175
  - Approx. 4,500 Instagram interactions in 2017 (likes or comments)
- Website review
  - More content on regular runs and other events for member's not using Facebook.
  - More information on the club for potential members including:-
    - Weekly club runs – distances, paces, what to expect
    - Social Events
    - Open events in which many members participate
    - Other benefits of membership



## Treasurer's Report



PROFIT AND LOSS	2017/18 £	2016/17 £	Diff £
Subscriptions	6,497	6,068	430
Yateley 10K Series	1,000	1,000	-
Other income	112	-	112
<b>Total income</b>	<b>7,609</b>	<b>7,068</b>	<b>542</b>
<u>Running/training costs</u>			
TVXC series	(234)	(498)	264
Bracknell Track	(930)	(1,009)	79
Canal run	(295)	-	(295)
Coaching Fees	(420)	(395)	(25)
Race entry fees	(1,676)	(1,575)	(101)
Equipment	(405)	-	(405)
Trophies	(478)	(424)	(54)
	(4,438)	(3,901)	(537)
<u>Social events</u>			
End of Year Dinner	(235)	(610)	375
Social Events	(65)	(403)	338
	(300)	(1,013)	713
<u>Club admin costs</u>			
Affiliation Fees	(625)	(579)	(46)
PayPal fees	(208)	(191)	(17)
Other admin expenses	(381)	(441)	60
	(1,213)	(1,211)	(2)
<b>Total Expense</b>	<b>(5,951)</b>	<b>(6,125)</b>	<b>174</b>
<b>Profit/(loss)</b>	<b>1,658</b>	<b>943</b>	<b>716</b>

# Treasurer's Report



ASSETS	2017/18 £
Kit in stock	439
Free cash	10,019
Total assets	10,458

Some free cash will be used on first aid course  
But we still have too much free cash!  
Last year we paid for...

# Treasurer's Report



**WE NEED YOU  
TO RUN MORE**



1
2
3
4
5

# General Members Report

## Monday

Increasing numbers of runners turning up regularly. A very wide range of abilities.

## Tuesday

30-50 runners every week

Up to 5 groups running

Normally meet at Sandhurst Rec. but first Tuesday of the month at Morgan Rec.

Recruiting lots of new members to the club

## Wednesday

Increasing numbers of runners turning up regularly and having two run leaders has worked well. From April there will be two run groups leaving the Memorial Park at 7pm, the usual group who run around 6 miles in about an hour and those who will be running as part of the 5k to 10k programme

## Thursday

Started the paced group runs once a month. These runs have been extremely well attended

Huge thank you to everyone that has given up their run to be a pacer

Best attended Thursday night run – Summer pub run. Considering moving all future Thursday runs to the pub.

## Sunday

The introduction of Sunday GMs doesn't seem to have had a significant impact on numbers which continue to vary quite widely, ranging from a handful of runners to the mid-teens. While other events are clearly a factor there is no obvious pattern.

# Coaches Report

## Track

- Track is still **Free** for all
- Numbers have been around the same as last year but have dipped a bit this winter
- The Coaches did move around and Carl did offer one to ones
- Newton covered for Jim when he had a break
- Jim has started to come back to coach at track

## Addition to track

- Weekend away talks from the coaches
- No marathon training plan this year because I was away



## Vice Chair Report

### 2017/2018 Activity

- Successful completion of the plans for the new home x country
- Providing support to the Chair and other members of the committee as required
- Reviewing the role of the Vice Chair as a separate standing member of the committee
- Offering support to the social secretary with the upcoming SJs Ball in April



## Chairman's Report

- 2015-16 : lots of changes
- 2016-17 : more settled
- 2017-18 : 30<sup>th</sup> Anniversary Year 😊
  - New Chairman, Secretary
  - New Banners
  - Sandhurst Pub Run, Intra-Club Relay, Round Bracknell Relay, Weekend Away
  - Track still funded
  - We got our Home XC event back!
- Sandhurst Joggers : over 400 members, 7 sessions per week, 6 days of the week. But after 30 years, still what it has always been: a sociable, supportive, local club offering Fun On The Run, on road and off, to runners of all levels.

## Survey - Key Findings, Qs and Solutions. Feedback please!

Key Questions + Proposed Solutions	Actions
<p><b>Why do people run?</b>  <b>To encourage members to improve:</b></p> <ul style="list-style-type: none"> <li>- GMs continue to encourage and get people to try different sessions in order to promote improvement.</li> <li>- Advertise talking to coaches.</li> </ul>	<p>GMs continue to talk to runners in their groups about training and encourage development.</p>
<p><b>Weekly Runs:</b>  <b>Promoting runs:</b></p> <ul style="list-style-type: none"> <li>- Add a communication regarding weekly club runs (i.e. routes and sessions) at end of weekly bulletins.</li> </ul>	<p>Joggers Journal weekly updates</p>
<p><b>Opportunities for Feedback:</b>  <b>Improve lines of communication to allow feedback:</b></p> <ul style="list-style-type: none"> <li>- Create a Feedback email address</li> </ul> <p><b>How to continue to improve inclusivity:</b></p> <ul style="list-style-type: none"> <li>- Socials, Runs, Social media with what's happening this week and articles from members of the club.</li> </ul>	<p>All Committee members contact emails are on the website.</p> <p>Communicate via email, Facebook and Joggers Journal</p>

## Survey - Key Findings, Qs and Solutions – feedback

Key Questions + Proposed Solutions	Actions
<p><b>Events: People most interested in TVXC and relays close to home.</b>  <b>How to offer more opportunities for runners to be competitive at close to home events:</b></p> <ul style="list-style-type: none"> <li>- Intraclub pairs relay</li> <li>- Look to enter other events close by.</li> <li>- Promote beginner friendly events via GMs, Social media and email.</li> </ul>	<p>TVXC, Intraclub Relay, Summer Relays</p>
<p><b>For people who don't like competition</b>  <b>How to make competition friendly:</b></p> <ul style="list-style-type: none"> <li>- Encourage articles such as Alurie's reports on various 10k events</li> <li>- Include info for relays to say information regarding distances and times to make it less intimidating.</li> </ul>	<p>TVXC, Intraclub Relay, Summer Relays</p> <p>Joggers Journal</p>

## Survey - Key Findings, Qs and Solutions – feedback

Key Questions + Proposed Solutions	Actions
<p>Key social events attended:</p> <ul style="list-style-type: none"> <li>- awards dinner, pub runs, bake off, beach day, fitness fun day, BBQ, Halloween, Barn Dance</li> </ul>	<p><b>Socials for 2018:</b></p> <ul style="list-style-type: none"> <li>- Most due to be held again this year.</li> <li>- Opinions on events that make a loss?</li> </ul>
<p><b>How to make socials more welcoming for people without partners:</b></p> <ul style="list-style-type: none"> <li>- Advertise that there will be individuals there, not all couples.</li> </ul>	<p>Seems to be largely self-organised via social media.</p>

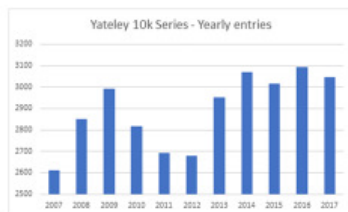
## Election of Committee

<p><b>Chair:</b></p> <p>Organise agenda for each committee meeting.</p> <p>To oversee actions within the committee and ensure that committee members are accountable for carrying out their actions.</p> <p>To support committee members in their role.</p> <p>To regularly communicate with the club</p> <p>To chair the AGM</p>	<p><b>Vice Chair:</b></p> <p>To support/shadow the Chairman.</p> <p>Form and Chair the Internal Events Sub-Committee responsible for the Home Cross Country, Round Trackball Relay and Weekend Away</p> <p>To lead other such sub-committees as may from time to time be necessary for larger tasks.</p>	<p><b>Secretary:</b></p> <p>To collate reports before committee meetings.</p> <p>To write minutes after committee meetings and AGM.</p> <p>To ensure the club is affiliated to England Athletics and other organisations deemed necessary by the club.</p> <p>To organise the AGM in accordance with the Club Constitution.</p> <p>To apply for London marathon places and run ballots.</p>
<p><b>Social:</b></p> <p>To organise social events</p> <p>To communicate regularly with the club regarding these events.</p>	<p><b>Publicity</b></p> <p>To lead internal publicity (i.e. to the members), on any matters likely to be of interest, through use of social media</p> <p>To promote the use of social media and to assist members with how to use it</p> <p>To organise external publicity (e.g. press, local news websites, local Facebook groups)</p>	<p><b>Events/Relays:</b></p> <p>To promote to the members relay races/events in which they may be interested, both externally and internally-organised</p> <p>To allocate members into teams where required by the event.</p> <p>To work with treasurer to ensure entry fees are paid.</p>
<p><b>Treasurer:</b></p> <p>To be responsible for managing the club's finances in a responsible manner</p> <p>To provide regular feedback to the committee on financial situation.</p> <p>Work with other committee members on financial aspects of their role</p> <p>To report on accounts to the club at AGM.</p>	<p><b>General Members:</b> <i>For the night for which you are GM.</i></p> <p>To organise groups at these runs, including run leaders.</p> <p>To be the eyes and the ears of the club, understanding members' needs and wishes and relaying this back to GM committee.</p> <p>To keep members informed by ensuring that all club notices are read out at runs.</p> <p>Liaise with coaches regarding needs and wishes for Track nights.</p>	<p><b>Membership:</b></p> <p>To process applications for membership from prospective members and renewals from existing members.</p> <p>To keep an accurate database of membership and ensure members are added to club email distribution list and Facebook page.</p> <p>To ensure members selecting and paying for England Athletics registration are registered with EA in a timely manner.</p> <p>To report to the club at the AGM regarding membership numbers.</p>
<p><b>XC Captain:</b></p> <p>To liaise with the organisers of the other clubs to ensure that the Thames Valley XC series runs smoothly</p> <p>To inform membership of all TVXC events, to promote widespread participation, and to ensure results are accurate</p>	<p><i>All committee members are expected to attend committee meetings, reporting to rest of committee on your area. Bring agenda items to attention of Chairman. Where attendance at committee meetings is not possible, inform Chairman/Secretary with as much notice as possible</i></p>	<p><b>Other roles co-opted:</b></p> <ul style="list-style-type: none"> <li>• Webmaster/IT</li> <li>• Handicap Organiser</li> <li>• Coaches</li> <li>• RR Organiser</li> </ul> <p>Their responsibilities are agreed at time of co-opting. While not part of the committee, they are welcome at committee meetings.</p>

## Non-Elected Posts for 2018/2019

1. Yateley Road Race Director
2. Handicap Run Organiser
3. Webmaster
4. Track Coaches
5. Kit Director

## Yateley Road Races



Sold out on:  
Race 1 sold out on 7th May  
Race 2 sold out on 10th  
May  
Race 3 sold out on 17th  
May  
Next year – increase  
entries.

Passed inspection by EA  
again!

Loads of excellent  
reviews and Facebook  
comments.

**Yateley 3 2017:** I enjoyed the run in perfect summer running conditions, i.e. cool with light rain. Excellent organisation as ever with ample marshals despite the inclement conditions for them. Respect to Sandhurst Joggers for organising three great evening races every summer.

Love running with such a great bunch of people and with marshalls on the course who always offer amazing encouragement Great race, nice undulating course and the marshalls were so encouraging. Superb set of medals, will be back for the series next year.

As last year I loved it, people, marshalls they were all awesome. Make you feel very welcome, and runners are most locals so you know some of them, camaraderie is always great. But the best is the medal!! I will give them 10/10 marshals on road are great taking care of the traffic and cheering runners

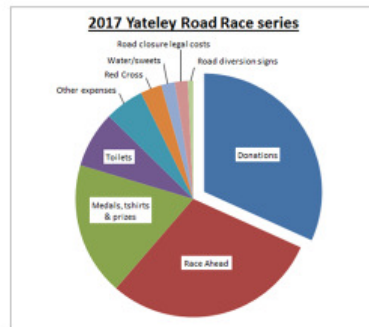
Just amazing organisation, marshalling, drinks and spectators. Best race I have done for sure

-I love the honesty of this course - there's no escaping the hills but at least they're followed by some decent flat and down. The organisation is superb and the marshalls exceptional (especially given that there are several places where they need to hold up/placate motorists. I'll never be near the front of the pack but I'll definitely be back next year if I can.

This was my 21st YRR in succession. Whilst the course isn't the most scenic around and the traffic along the Reading Road can be tedious, this is well compensated by the hugely friendly atmosphere, friendly marshalls and excellent organisation.

Please look here for more feedback:

<https://www.letsdothis.com/e/yateley-road-race-series-race-3-18355#reviews>



Approx £12,500 given to organisations nominated by the committee.

Thanks to the amazing YRR committee.

Points to consider	Suggestions
Money	Although entries are higher. No on the day entries mean we are taking less money overall. We are going to keep price the same but increase entries to 1050
Fun Run	Put prices up for on day entries to £5 and keep before as £2.50. Online entry before the night.
No Female 65 Category	Add this in.
More information on pre race emails?	Ensure this is sent out a week in advance
More toilets?	No need – review after race 1
Options at the finish rather than just sweeties?	No – most people like this.
T.shirts? They are costing us a lot.	Need to streamline order with actual merchandise report. Add 10 but no more.
Mandatory online entry next year apart from over 65's.	Action for next year.

## Other Factors to Consider

Traffic – again have to apply to secretary of state.  
Course remeasurement

New Committee: We need you...

Job Advert for Yateley 2019: Traffic Co-Ordinator to manage our team of qualified traffic management officers. This will involve making applications to close the road and liaising with local authorities and police regarding the closures. Offer of shadowing role this year.

## **Club Subscription**

## **Any Other Business**

- Threshold Run** (Kate Parker)
  - Could we have a 2<sup>nd</sup> threshold run that is shorter in distance/slower in pace?
  
- Run Leader Recruitment** (Dave Ricards)
  - Would access to an online resource of routes encourage more members to volunteer to lead runs?
  
- SJ Club House** (Mike Guess)
  - Do we need one?

# SANDHURST JOGGERS