Sandhurst Joggers – 28th Annual General Meeting

Held Tuesday, 22nd March 2016 at 8.00pm Sandhurst Town Council Offices - Community Hall

Agenda

- 1. Welcome by Chairman
- 2. Apologies for Absence
- 3. Approval of the 2015 AGM Minutes and Matters Arising
- 4. Receipt of Committee Members' Reports
 - 4.1. Events: Winter/Cross Country
 - 4.2. Events: Summer/Relays
 - 4.3. Membership
 - 4.4. Social
 - 4.5. Secretary (incl. Webmaster)
 - 4.6. Publicity
 - 4.7. Treasurer Annual Statement of Accounts
 - 4.8. General Members
 - 4.9. Vice Chairman
 - 4.10. Chairman Secretary
- 5. Yateley Road Races Report and Accounts
- 6. Club Subscription
- 7. Club Championships
- 8. Election of Committee for 2016/17
 - 8.1. Chairman
 - 8.2. Vice-chairman
 - 8.3. Treasurer
 - 8.4. Secretary
 - 8.5. Membership Secretary
 - 8.6. Social Secretary
 - 8.7. Events Secretary-Winter/XC
 - 8.8. Events Secretary-Summer/Relays
 - 8.9. Publicity Secretary
 - 8.10. General Members
- 9. Non-elected Posts for 2016/17
 - 9.1. Yateley Road Race Director
 - 9.2. Handicap Run Organiser
 - 9.3. Webmaster
 - 9.4. Track Coach(es)
 - 9.5. Newsletter Editor
 - 9.6. Kit Director
- 10. Any Other Business
- 11. Closing Remarks by Chairman

Proceedings

The meeting started at 8.00pm. The following were present (number of members):

<u>Committee</u>: Ian Watson, Caroline Cutliffe, Richard Boese, Nikki Stanley, Vicky Tzanetis, John Tzanetis, Janice Alves de Sousa, Claire Hobson, Lisa Harrold, Patrick Wadsworth, Mike Gascoigne, Monica Burbage, Fiona Slevin-Brown, Mark Fallowfield-Smith

Other post holders:

Jenny Robinson (Yateley Road Races), James Casey (Track Coach)

Other Members:

List of attendees: Philip Turner, Leon Hicks, Royston Crandley, Phyll Berger, Newton Johnston, Sharon Conquer, Debbie Harris, Alurie Dutton, Lucy Hale, Sarah Campbell-Foster, Karen Gill, Sarah Hyatt, Dave O'Toole, Lance King, Fiona Gascoigne, Connor Vine, Paula Vine, Kerstin Johnson, Matt Johnson, Suren Mannick, Kim Soane, Jenna Soane, Richard McCready, Simon Whillis, Zerrin Selen, Louise Reeves, Darren Rice, Emy Circuit, Paul Alexander, Elin Loftesnes, Paul Biggs, Dick Newman, Janet Venables, Charles St Aubyn, Graham Robinson, Mickael Hegesippe, Rob Hewison, Rick Robinson, Sarah Alexander.

1. Welcome By Chairman

Ian brought the meeting to order and requested that everyone make sure they had put their name on the register of attendees. Ian raised a point of order – proposing a change to the agenda to remove the agenda item of Newsletter editor. Newton mentioned the runner's blog as a source of news.

2. Apologies for Absence

Received from:

Sonya Champion, Sharon Burfield, Sharon Fields, Christine Rivers, Andrea Corrigan, Kim Reeves, Clive Rolfe, Carl Bradshaw, Hannah Glaister, Lina Johnson, Dave Breslin, Erica Burger, Jane Bradley, Ann Hewison, Erol Ali, James Ratcliffe, Helen Antrim, KJ Kajla, Tracy Buck, Alan Kirby.

3. Approval of the 2015 AGM Minutes and Matters Arising

There was a comment on the 2015 minutes from Newton about paying for lighting at track and he questioned if we have chased it up? Response: We have an arrangement with Bracknell Sports Centre where coaches pay the centre and our fees are therefore discharged. The committee took the view that there was no point in chasing the invoice and hence we haven't done so. Graham Robinson said there used to be a payment but we haven't been charged. It was noted that we have funds in reserve in case we are charged for it. Ian raised a motion to accept the minutes, Richard proposed, Lou Reeves seconded – and the motion was approved overwhelmingly.

4. Receipt of Committee Members' Reports

Slides from those reporting were shown and are attached as an Appendix. In some cases the reports were simply to present these slides. Please read the slides in conjunction with any additional notes below.

4.1. Events: Winter/Cross Country (report by Claire Hobson)

Claire noted that the XC Reps meeting is to be in September, hopefully in time to have the dates of the XC races agreed well ahead of the events. Graham Robinson noted that the SJ women came joint first in this year's TVXC league.

4.2. Events: Summer/Relays (report by John Tzanetis)

John ran through his slides and noted that 4 SJ teams will be going to Endure 24 this year. Ian mentioned that relays are for all runners and we put together teams of mixed ability so everyone is encouraged to enter, not just 'fast' runners.

4.3. Membership (report by Janice Alves de Sousa)

Janice described the new online Membermojo system for paying subscriptions and updating personal details. Membership has risen due in part to Pure Beginners and it was nice to see new PBs running with the club. Janice can only renew peoples England Athletics membership when the EA system goes live in April. Question from Rob Hewison, noting that there was a slide showing the number of male members over 60 years old – How many women over 60 are there in the club? Janice provided information to Rob to answer his question after the meeting.

4.4. Social (report by Lisa Harrold)

Lisa went through her presentation slides and mentioned that it is the intention that pub runs will be reinstated this year. Sandhurst Sports Bar have been very supportive of the club and we intend to use it more for post-run or event socials. Lisa had received good feedback following the Ball. Lisa asked for any comments from members for ideas for new events. Lisa went on to announce awards that were to have been presented at the Ball but were not collected. Patrick Wadsworth received his awards for Club member of the year and Male Vet50 3rd place in the club championship.

4.5. Secretary – Including Webmaster (report by Richard Boese)

Richard went through the slides for the Secretary's report followed by the Webmaster's report. Noting the statistics for Mailchimp, the email system used to send out mailshots to members, Richard noted that if anyone unsubscribed from any club email from Mailchimp then they would get removed from the email list and would receive no further emails from the club.

4.6. Publicity (report by Nikki Stanley)

Nikki became publicity secretary last year. Highlights – there have been 37 posts to the blog. 1924 unique visitors to the site blog site, far more than there are Sandhurst Joggers. Twitter followers have increased but Facebook is the main news forum used by members. The Weekend Away was attended by 30 members and was highly praised by attendees, though it still made a financial loss. There was a full programme of speakers and a range of distances were offered for the long run.

4.7. Treasurer - Annual Statement of Accounts (report by Vicky Tzanetis)

The target for this year was to spend something of the excess funds for the club. We have spent £3000 more than we have income and Vicky explained where this had been spent. The club paid for the Green Belt Relay, purchased hi viz vests for run leaders, courses for coaches. The weekend away did make a loss of around £900. The club has paid for runner's attendance at track for the last 6 months making it free.

Question from Paul Alexander about coaching and what expectation was there of a return to the club. Ian responded that there was an expectation of requiring 6 months of return in coaching but also this funding has generally been spent on people who have already shown commitment to the club in terms of run leading and coaching. Ian asked for members to give us ideas about what things would benefit the club and that we could spend money on. Richard McCreedy asked about how we could lose less on the weekend away. Nikki said we would probably need ask the membership if they wanted to do it and if there would be enough interest. It was noted that for the weekend away to be a success then members would need to commit to going at an early stage and pay up front at an early

point to secure their commitment to going. Paul Alexander said that the October half term date was a problem for many people as it made it difficult to go during school holidays when people had other commitments on their time. Charles St Aubyn commented that having much longer advanced notice would help. Ian pointed out across a lot of our events we need to know what the commitment and interest from the membership there is and so there was a plea from this year's committee for members to please commit to an event and pay for it early so that we have surety for events like weekend away.

4.8. General Members

Mark Fallowfield-Smith presented for the General Members. He noted it has been a busy year with the reorganisation of the weekly run schedule and trying to make runs fun, challenging and safe. The new running programme was described with the programme based around core runs of long run, intervals and tempo run with rest days or recovery runs in between. The runs on Monday, Tuesday and Friday were not changed, but intervals are run on Tuesday late evening and a tempo run moved to Thursday. (Secretary's note – please see the detailed description of the new run programme within the presentation slides in the Appendix to the minutes). Once the running programme had been developed it was issued to members for comment three weeks ahead of the start of a trial period of implementation. The members were asked for comments on the new run programme by email ahead of the trial period and were asked for comment before and during runs by General members and run leaders.

Mark noted that Vicky, Patrick and Fiona have worked well to try to integrate PB runners into the club runs and encourage newer or slower runners to try the tempo run, intervals and track. Comparison was made with attendance at club runs before and after the change to the running programme and it was noted that there were significantly more runners attending most nights, particularly Monday, Tuesday intervals, and Thursday tempo runs. Although numbers attending track were similar it was noted that there were more beginner or slower runners attending so the mix of runners was different.

Paul Alexander asked why consultation before the change wasn't opened up to membership and said he was disappointed by the way it was done. Jenny said we asked people who had a strong investment in the club to be part of a sub-committee looking at the run schedule to give it a more logical layout for training. Ian said the consultation group wasn't just from the committee but the General Members and others with representation across the club. Email went out saying the new run schedule was set up as a trial and that we were seeking feedback. Mark Noted was that email went out 3 weeks ahead of change and asked for email feedback and feedback through the GMs. Ian said that there had been lots of positive feedback. Fiona noted that this change to the run schedule should be seen as a success as demonstrated by the increase in attendance. Ian said that the process was maybe not handled as well as it should have been and lessons could be learned from that.

Michael Hegesippe asked about track numbers – Ian noted that numbers were similar to before the run programme change but we had more beginner runners. Vicky pointed out that all runs were accessible to runners of all abilities.

John said that Sunday run could be looked at by new committee to promote it more and maybe ask for a general member for this run.

4.9. Vice Chairman

Caroline made a presentation on her roles and responsibilities over the year. Her main role is to support lan with the committee and members. She described the challenges involved in getting our home xc event up and running. Caroline asked members to note down ideas of what they want to see on the website and said there would be a view of the proposed new website at the end of the meeting.

Royston asked if there was any data on website hits this year, but we had no info.

4.10. Chairman

lan provided a summary of the highlights of the club year:

- The run schedule change
- Membership there were 49 Pure Beginners, but also 122 new members. There had been a
 29% increase in membership in 1 year. There had been an 8% swing to more female
 members and we also have a younger average age of membership than we had a year ago.
 Youngest member is 16 and there are many more under 30s than previously.
- The Ball venue was changed and we have had good feedback on the event.
- Post run routines changed now we have more people going to the bar and have increased the social side of the runs with post run drinks and post handicap curry. Well done to members (particularly Dick Newman).
- The Committee has changed with Lisa as Social secretary, Richard Secretary and Fiona Wednesday member.
- The membership system changed so we now have online payment.
- Payment by paypal is now an option for paying for events etc.
- The Website is changing.
- But the club is not changing its philosophy.
- lan put up a slide showing a pizza SJ provides a lot of runs per week, and lots of events. Free running coaches, and free access to track, XC national championships and free transport for runners to London Marathon. £15 is very good value for membership (unlike pizza?).

5. Yateley Road Races Report and Accounts

Jenny presented the information on the slides. She noted that YRR is a separate entity to SJ. She thanked the YRR committee, but also made a particular thanks to all those from the club who volunteer and without whom the races simply could not happen. She described the amount of organisation in the background including road closures and EA inspection. This year for the first time there were no complaints from runners or residents. We celebrated 25 years of YRR by introducing spot prizes for finishers. Expenditure was summarised with the highlight being that £12,500 was given to local charities.

Jenny noted that the July race clashes with the school play and this year the July race is in the 2nd week. We now have chipped race numbers and the cost of the race has increased by £1 to cover this. Jenny thanked the committee.

6. Club Subscriptions

The Club's finances are sufficiently healthy that it was proposed that the annual subscription for 2016/17 be held at £15 (Proposer Ian Watson, Seconded Richard Boese). The proposal to keep the subscription at £15 was overwhelmingly carried.

7. Club Championships

It was confirmed by John that any race that is EA affiliated would qualify so that it can be found on Power of 10 website. However, John would consider any other race as well.

lan raised question of eligibility criteria. Ian said that he had not noted anything at the previous year's AGM. James Ratcliffe had sent a message to Ian and said that although he is 2nd claim SJ when he puts on a SJ vest he is running for the club and should be allowed in the club championship. Elin Loftesnes read out previous year's minutes on this subject, which confirmed that second claim members could enter the club championship as long as they had put their name down for qualifying events as a Sandhurst Jogger. The wording criteria are as recorded in the minutes from last year's meeting. Ian proposed that these criteria be retained for the club championship, Paul Alexander seconded and the vote was carried overwhelmingly.

8. Election of Committee for 2016/17

- lan confirmed to the meeting that in the event of more than one person being proposed for a
 position, the procedure would be that each candidate would briefly say why they wanted the job and
 what they would bring to it, candidates would then leave the room, voting would take place by show
 of hands and then the candidates would be asked back in and the result announced.
- Ian proposed that existing committee serve until the end of the meeting, seconded by Rob Hewison and voted overwhelmingly.
- Graham Robinson offered to help John Tzanetis organising Summer relays/events. This was put forward as a motion to the AGM and agreed overwhelmingly.
- The election then took place with the results shown in the table below.

	Position	Candidate	Proposed by:	Seconded by:	Result
8.1	Chairman	Ian Watson	Royston Crandley	Vicky Tzanetis	Elected unopposed
8.2	Vice-Chairman	Caroline Cutliffe	Rick Robinson	Jim Casey	Elected unopposed
8.3	Treasurer	Mark Fallowfield-Smith	Richard McCreedy	Darren Rice	Elected unopposed
8.4	Secretary	Richard Boese	Leon	Fiona Slevin-Brown	Elected unopposed
8.5	Membership	Janice Alves de Sousa	Simon Whillis	Paul Biggs	Elected unopposed
8.6	Social	Lisa Harrold	Caroline Cutliffe	Charles St Aubyn	Elected unopposed
8.7	Events-Winter/XC	Claire Hobson	Paula Vine	Kiersten Johnson	Elected unopposed
8.8	Events-Summer/Relays	John Tzanetis/ Graham	Sarah Alexander	Kimberley Soames	Elected unopposed
		Robinson			
8.9	Publicity	Kimberly Soane	Rick Robinson	Lance King	Elected unopposed
8.10	General Members:				
	- Monday	Patrick Wadsworth	Newton Johnston	Lisa Harrold	Elected unopposed
	- Tuesday	Mike Gascoigne	Lou Reeves	Elin Loftesnes	Elected unopposed
	u	Monica Burbidge	Sarah Hyatt	Zerrin Selin	Elected unopposed
	- Wednesday	Fiona Slevin-Brown	Mark Fallowfield-Smith	Nikki Stanley	Elected unopposed
	- Thursday	Nikki Stanley	Janet Venables	Graham Robinson	Elected unopposed

9. Non-elected Posts for 2016/17

- 9.1. Yateley Road Race Director Jenny Robinson to continue.
- 9.2. Handicap Run Organiser Simon Whillis to continue.
- 9.3. Webmaster

Principal proposed that we can use help from a non-club member. Ian proposed the motion, Leon Hicks seconded and the vote was carried overwhelmingly. Ant Harrold has agreed he will serve.

9.4. Track Coaches

James Casey and Carl Bradshaw to continue.

9.5. Kit Director
John Tzanetis to continue.

10. Any Other Business

10.1. Paul Alexander asked if track is going to be free still. Ian said we have been reviewing at each committee meeting and reviewing finances to continue this. Mark Fallowfield-Smith said that for the time being that we will continue to do this but it will be reviewed. Michael Hegesippe commented that Aldershot track was £3 and this made SJ track good value at £2 when it's not free. Rick Robinson suggested that £1 collected from track attendees could be donated to charity, but this was not approved by the meeting.

11. Closing Remarks by Chairman

lan thanked the outgoing committee for their work over the past year. He wished the new committee all the best for the coming year. Ian thanked those that lead runs each week in addition to the GM members. Ian asked that people who have done run leader courses then please come forward to help lead runs and encourage others to do so. Ian said people could come forward as sweepers and learn routes. Ian also thanked marshal volunteers that help us stage our events. Thanks to 2 people in particular Jane Bradley for looking after the website and IT under trying circumstances and Vicky Horne/Tzanetis for her work on the committee as Treasurer and coaching developing runners for her support. Small gifts were presented.

The meeting was adjourned at 10:05pm

Appendix 1: Slides used at meeting. Includes those used for presenting reports



WELCOME TO

SANDHURST JOGGERS **AGM 2016**

Agenda



- 1. Welcome by Chairman
- 2. Approval of the 2015 Minutes and Matters Arising
- 3. Apologies for Absence
- 4. Reports From Committee
- 5. Yateley Road Races Report and Accounts 6. Club Subscription
- 7. Club Championship
- 8. Election of Committee for 2016/17 9. Non-elected posts for 2016/17
- 10. Any Other Business 11. Closing remarks by Chairman





Cross Country Report



- TVXC = 16 teams competing in 8 cross country races November February
 Sandhurst Joggers finished SECOND overall huge huge well done! Proud of you
 - 5 points behind Reading Road Runners and 9 points clear of Windle Valley who finished 3rd.
 - Strong competition again from Reading Road Runners this year who continue to field a strong team
- One race cancelled (Reading Roadrunners) due to illegal rave on the course!
 Sandhurst members in total took part same number as last season
- 13 members completed all 7 races well done! 5 more than last season
- 31 new runners tried their first Cross Country this season 7 more than last season
- - Reps meeting end of Summer to determine dates for the new season in plenty
 - We need YOU all runners of all abilities we need to reclaim our title!!!!

Thank you so much for everyone's support, help and fantastic running this season!

Events: Summer Relays



Highlights

Canal Run 29th March

Marathon training, 10/15/20/23 miles

40 runners, at least 6 helpers, 2 minibuses and 1 aid station

Green Belt Relay, 16/17 May

2 x 11 member teams, 220 miles, 22 legs..... Sandhurst teams finished 5th and 6th, with the Veteran team winning by less than 2 minutes after 27 hours of racing!!!

Veteran teams retained the walking stick trophy for the third year running!!

BUPA 10k, 25th May

2 teams (men/women) of 6, earnt by racing in the SEAA road relays men 44th out 106 teams women 34th out of 85 teams

Events: Summer Relays



Endure 24 13/14 June

4 x 8 mixed teams, 5 mile lap over 24 hours

1st team narrowly missed out on honors, while the other 3 teams battled it out with less than a lap separating them.

6 teams of 6 runners finished 7/32/35/38/42/50

Bounders Relay cancelled, so we hold all the trophies for an extra year ;-) Instead we ran an Intra club relay at the Sandhurst memorial ground, were 60 runners of all abilities took part

Dinton Pastures 21st July 3 leg, "guess your time" relay 6 teams entered, 20/24/26/37/39/42 (43) individuals Tim Rogers Joint FIRST!!!!!

Events: Summer Relays



River Relay, 6th September

3 teams of 5 runners A-team finished runners up, B-team 11th, and C-team 40th

Won £666.66 pounds for charity

SEAA Road Relays, Sep 9/10

Mens and womens veteran teams represented us

Milocarians XC at the RMA, Oct 17th 12 Sandhurst Joggers, Fiona Slevin Brown, 2nd female

County, SEAA and EA XC championships...

New Events...

Round of Norfolk end of September London to Cardif, same weekend as Endure

New event, "Hart 4" 14th August. 4 runners per team, 4k lap, 4 hours

Membership Report



- Looking to the future to improve and update the Club's membership process, we acquired a new software program called **MemberMojo**.

 MemberMojo is an on-line tool and has now proved efficient and user-friendly.
- Members are encouraged to keep their personal information up-to-date themselves by logging into MemberMojo, via the Club website.

 • Membership numbers have risen to 388, mostly credited to the new Pure
- Beginners course.

 SJ members breakdown:

Se	niors	Total	,	/ets	Total	Senior Vets		Total	Men Over 60	TOTAL
Men	Women		Men	Women		Men	Women		22	
44	48	92	59	81	140	49	85	134		388

Number of EA Affiliated SJ Members: 230 (incl. 9 Coaches/Leaders in Running).

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Social Secretary Report



New Social Secretary appointed in August 2015

- Social Events that took place :
 - Monday 27th April After Marathon Party great evening with over 40 SJs in attendance showing off their well earned medals
 - Monday 26th October Halloween Run in fancy dress. A successful Chilli Meal at Sandhurst Sports Centre afterwards with approximately 25 people
 - Wednesday 2nd December SJ Marathon Draw Bake Off at Sandhurst Sports Centre and number of SJs in attendance were 30-40.
 - Next event Sandhurst Joggers Ball Friday 18th March 2016!

Pub runs were postponed halfway through the year. However good news, they will recommence again this year with General Members taking the helm!

Secretary's Report



- Took on the role of Club Secretary when Lisa Harrold took over as Social Secretary. I was formerly the General Member for Thursday runs.
- Secretary takes the minutes of committee meetings (about every 6 wks) and publishes the Action List so that "stuff gets done"
- Masses of emails come in to the club, pick out the odd one of interest
- Organised ballots for London Marathon places as well as places in Edinburgh and Brighton marathons and Maidenhead 10 mile.

I also make sure that we are up to date with subscriptions to athletics



Who	What do they do?	Why do we affiliate?	Cost to club	
England Athletics (EA)	Organising body in England for all athletics. Part of UK Athletics (UKA)	Allow individual affiliation (+£13 p.a.) UP FROM £12 IN 2015/16 Then, main benefit is £2 discount on race entry Gets us London Marathon places Each member can opt in/out	£100 p.a. for club affiliation HELD THE SAME AS 2015/16 (25p per member)	
South England Athletic Association (SEAA)	Organise regional athletics	Club members become eligible to compete in SEAA Road and XC competitions Only EA registered athletes may compete.	£20 p.a. (5p per member)	
Berkshire County Athletics Association Organise County athle events at junior and senior levels		Help them continue to fund their events; we have runners compete	£30 p.a. (11p per member)	
Association of Running Clubs (ARC)	"EA Lite" for clubs only doing Road and XC. Insurance.	Better insurance cover to club for club members Easier access to race license for our XC event (also YRR)	£409 p.a (£1.05 per member)	

Webmaster Report



- Website updates including:
 London & Brighton Marathon number tracking
 Monthly handicap results
 - Committee changes
 - New run schedule
- Mailing list synchronization
 - Realigned today 22nd March @ 13:00
 - Aligning Mailchimp email lists with Membermojo

 Mailchimp 375

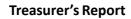
 - MemberMojo 392

(not all MemberMoio members have email addresses, therefore aren't included Mailchimp)

- - 52.4 % open emails from the club (XC, Events, Social etc.)

 - 0.6 % click through on any links included
 N.B. if you unsubscribe from any of these emails, you are removed from the emailing list

















Opening Balance	A Opening Balance	10,788.45
Opening Balance Sum	· · · · ·	10,788.45
∃ Income	AGM Expenses (current year)	200.00
	Social Events	50.00
	Green Belt Relay	877.15
	Kit Sales	665.19
	London Marathon	509.50
	Running Weekend	990.00
	TriaTri	145.86
	Yateley 10K Series	1,000.00
	End of Year Dinner (Prior Year)	479.90
	End of Year Dinner (Current Year)	2,752.00
	Subscriptions 15/16	5,429.00
Income Sum		13,098.60
■ Expense	AGM Expenses (current year)	(234.00)
	Postage/Stationary	(63.77)
	Social Events	(107.02)
	XC	(1,730.42)
	Green Belt Relay	(1,240.67)
	Sports Events	(615.15)
	Kit Purchases	(1,409.90)
	London Marathon	(519.73)
	Affiliation Fees	(2,865.00)
	Trophies	(621.79)
	Equipment Purchases	(359.40)
	Newsletter Costs/Website	(50.00)
	Running Weekend	(1,419.44)
	TriaTri	(166.74)
	Coaching Fees	(385.00)
	End of Year Dinner (Prior Year)	(2,543.50)
	End of Year Dinner (Current Year)	(500.00)
	Subscriptions 15/16	(110.00)
	AGM Expenses (prior year)	(574.85)
	Bracknell Track	(426.50)
Expense Sum		(15,942.88)
Grand Total		7.944.17

General Members Report



Launch of the new running programme

- . General Members looked to improve the role of club training runs.
- Series of meetings held to consider various options.
- New schedule agreed with committee and proposed to members.
 - Wednesday and Thursday runs switched.
 - Intervals moved from Monday to Tuesday.
 - No change to Monday. Tuesday or Friday runs.
- · Objectives:
 - \bullet Offer a structured and balanced programme with complementary sessions .
 - Encourage individual progression and reduce injury.
 - Make all sessions open to a broader range of members to give more training options and more integration within the club.



General Members Report



- First set of PBs joined the Monday night run.
- Lessons learned to take forward to future PB graduates.

Achievements

- Total number of weekly club runs attended more than doubled.
- Increase in number of runners attending multiple runs per week.
- More new faces trying the traditionally 'fast runner only' sessions.

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Vice Chair Report



- 2015/16 Activity
 - Organisation of the home x country working with the MOD, Contractors, EA, local council, and Natural England to secure licenses and ensure compliance
 - Interactive presentation to Scotland Hill School to talk to the pupils about respect in the community and the work Sandhurst Joggers do. This was a week concentrating on Respecting Ourselves; Respecting Others and Respecting our Community
 - Sandhurst Family Fitness Day working with the Council and other local representatives to help organize the fun day encouraging exercise and fitness
 - Working with the Webmaster to develop the website which you will be able to
 - contribute to and see some shots at the end of this meeting!!
 Continuing to support the Chair in the many areas that keep the club running effectively

Chairman's Report



- Running
 Run schedule CHANGED
- Post-run **CHANGED** Membership profile **CHANGED**

- SocialBall venue **CHANGED**
- Post-run routines changed

- Governance/Admin/Support

 Committee -- CHANGED

 Membership system -- CHANGED
- Paying for things **CHANGED**Website **CHANGED**ING

Chairman's Report

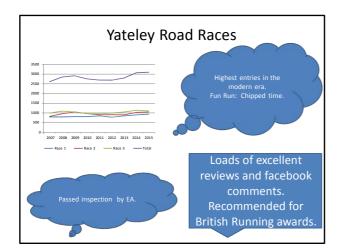


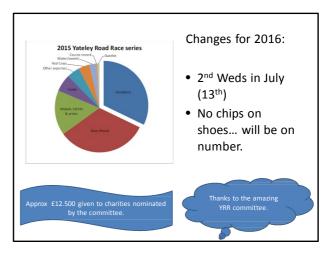
• So everything has...

CHANGED??

- NO !!!
- Still a community running club
- Still welcoming runners of all standards
- Has promised "Fun On The Run" since 1987 and still does







Club Subscription



- Club Fees
- England Athletics affiliation £13 for 2016
- Standing Orders
- The online membership system is available to pay your subscription access via the website.

Club Championship



Rules for 2016

- Eligibility
- Qualifying races

Election of Committee				
Chair:	Vice Chair:	Secretary: To collate reports before committee		
Organise agenda for each meeting. To oversee actions	To support the Chairman.	meetings. To write minutes after committee meetings		
withis the committee and ensure that committee members are accountable for carrying out their actions. To support committee members in their role. To regularly communicate with the club on events with the club To chair the ADM	Form and Chair the cross country expeniusion committee for the Sandhurst leggen home cross country To lead other such sub-committees as may from time to time be necessary for larger tasks.	and AGM. To ensure the club is affiliated to England Athletics and other organisations deemed necessary by the club. To organise the AGM in accordance with the Club Constution. To apply for London marethon places.		
Social: To organies social events To communicate regularly with the dub regarding these events.	Publish: To lead internal publicity. To the members), on any matters takey to be of interest, throughous of social media. To promote the use of social media and to assist members with how to use it. To organise external publish() (eg press, local areas websites, local facebook groups)	Events/Relays: To promote to the members relay races/events in which they may be interested, both externally and internally-cognised To allocate members into teams where required by the event. To work with treasurer to ensure entry fees are paid.		
Treasurer: To be responsible for managing the click's finances in a responsible for managing the click's finances in a responsible manager. To provide register feedback to the committee on financial absorbine. Substitute. Work with other committee remarkers on financial aspects of their old. To report on accounts to the clab at AGM.	General Members To opposite groups of these sens, including on banders. To opposite groups of these sens, including one banders. The bit the opposite desiration and the child one desiration of the child one of the child one of the child one of the children of the childr	Manuharshia: To proces application for membership from prospective members and reversal from existing remebers. To keep an account database of membership. To ensure the control of the		
To lisise with the organisms of the other clubs to ensure that the Thames valley XC carriers cans smoothly To lisions membership of all TXC events, to premote widespread participation, and to ensure results are accurate		Other roles co-noted: Webmaster/IT Handicup Organiser Coaches KC Organiser Hair responsibilities are agreed at time of co-opting. While not part of the committee, they are welcome at committee meeting.		



- 1. Yateley Road Race Director
- 2. Handicap Run Organiser
- 3. Webmaster
- 4. Track Coach(s)
- 5. Newsletter Editor
- 6. Kit Director

Any Other Business

